Remote Learning Timetable: Friday 8th January

8.50am - 9.00am: Intro from Mr Marsh

Over the coming weeks you can expect 3 hours of learning every day. To help you manage this, I will provide you with a suggested daily timetable. This should help you get into a routine similar to one you would follow at school. However, I know that everyone's circumstances are different and some of you won't be able to stick to specific times. Don't worry. You can still use this timetable as a guide to help you set up your own. The key is sticking to it so that you get into a routine.

From Monday 11th January I will be uploading a daily intro video here which will outline the day and allow me to give you feedback on previous learning. I will also share examples of all the hard work you have been doing.

9.00am - 9.30am: PE

Exercise is always important but especially now as we are likely to be spending more time inside. Therefore, I would like us to start each day doing PE with Joe Wicks. From Monday 11th January Joe Wicks will be providing three live sessions a week. For today, I would like you to go on Joe Wicks' YouTube channel and select a workout video to follow. Click on the link: PE with Joe Wicks. Send me pictures of what you are doing.

9.30am - 10.30am: Maths

Today's maths tasks can be accessed on the maths tab or you can follow this link: <u>Friday 8th January Maths</u>

Look out for my Top Tips that will appear in the maths tab later.

10.30am - 10.45am: Break

Time to rest your brain, get a snack and a drink.

10.45am – 11.45am: English

Today's English tasks can be accessed on the English tab or you can follow this link: Friday 8th January English

11.45am – 12.00 noon: Always activities

There will always be a time in the day when you can choose your own learning activity. These include:

- Going on BBC bitesize https://www.bbc.co.uk/bitesize
- Going on TT Rockstars to practise your maths.
- Going on Spelling Beats to practise your spelling.
- Doing quiet reading. Remember to read three times a week.

Mix these activities up so that you get a variety. Remember, take a photo or screenshot of whatever you have chosen to do.

12.00 noon – **1.00pm**: Lunch

Re-charge your batteries

1.00pm – 1.30pm: Story Time

Starting on Monday 11th January I will be reading The BFG by Roald Dahl. There will be no tasks attached to this. I will be reading purely for pleasure and to give you the opportunity to enjoy a story.

For today, use this time to do some quiet reading. It would be great if you would share with me videos of you reading.

1.30pm – 2.30pm: Internet safety task

The internet is great for many reasons, including opportunities to provide remote learning. As you are likely to be spending more time online over the coming weeks, I want you to tell me everything you know about staying safe online. This can be presented in any form you want, such as a poster, a letter, a list, a story or a Powerpoint. However you choose, this work must convince me that you know how to stay safe online.

2.30pm – 3.00pm: Share your learning

Complete any unfinished work from the morning tasks and then send examples of all the work you have done to me. Alternatively, you may choose to do this after each task throughout the day.

If you have already done this, you may want to choose another Always Activity task.