

| Simple tenses | Example | Perfect tenses | Example |
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| Past – when an action took place at a specific time and is now finished. | I walked into the monster's cave. | Past perfect – is used to say when an action was completed in the past. The past tense of the verb 'to have' + past participle of verb. | I had walked in the monster's cave. |
| Present – when an action is taking <u>place</u> now. | I <u>walk</u> into the monster's cave. | Present perfect – is used to say when: | |
| | | An action has recently finished using 'just'. | I have just walked in the monster's cave. |
| Future – when an action will take place in the future. | I <u>will walk</u> into the monster's cave. | An action that has started in the past and is still going. | I have worked in the bank for five years. |
| Progressive tenses | Example | The time period has not finished. | I have not seen her today. |
| Past progressive – used for a continuous action in the past. The past tense of 'to be' + present | I was walking in the monster's cave. He/She was | When the time period is not important or known. | I have studied French, Russian and German. |
| participle of the verb (verb ends in – ing). | You/We/They were I am walking in the monster's cave. | The action is repeated in a period between the past and now. | I have eaten at that restaurant several times. |
| Present progressive – used for an action that is happening at the moment of | He/She is | The present tense of the verb 'to have' + past participle of verb. | |
| speaking. The present tense of 'to be' + present participle of the verb (verb ends in – ing). | You/We/They are I will be walking in the monster's cave. | Future perfect – is used to say when an action will have been completed in the future. The future tense of the verb 'to have' + | I will have walked in the monster's cave. |
| Future progressive – used for an action that will be continuing in the future. | He/She will be | past participle of verb. | |
| The future tense of 'to be' + present participle of the verb (verb ends in – ing). | You/We/They will be | | |