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11th July 2024

Dear Parents/Guardians,

Year 6's final RSE and PSHE unit this year focuses on 'Safety and the Changing Body'. This work will build on their previous learning in Year 5.

The key knowledge and skills developed are:

- Understanding the importance of a healthy lifestyle.
- Understanding the changes that take place during puberty.
- Understanding the menstrual cycle and that a male and a female are needed to conceive a baby (**parents have the right to withdraw their child from the conception part of this lesson**).
- Understanding that a baby changes in the womb and some of the baby's requirements during the first months of life.
- Recognising when someone is choking; administer first aid to a casualty that is choking; and seek medical help if required for a choking casualty.
- Conducting a primary survey; place a casualty who is unresponsive and breathing normally into the recovery position; and identify when it is necessary for CPR to be given.

If you have any questions relating to any of the above, please do not hesitate to contact your child's teacher. **Should you wish to withdraw your child from the conception lesson, please could you contact your child's teacher to express this by 9am on Monday 15th July.**

Kind regards,
Miss. A. Watson