

 **Birklands Primary School**
Appleton Street
Warsop
Mansfield
Nottinghamshire
NG20 0QF

 +44 (0) 1623 842163
 www.birklandsschool.co.uk
 office@birklandsschool.co.uk
 @birklandsschool

Head Teacher
Vanessa Farr BA (Hons), NPQH
Director of School Improvement
Christabel Shepherd BEd (Hons)



Monday 15th July 2024

Dear Parents and Carers,

Over the next two weeks, as part of the Year 1 and Year 2 Personal, Social, Health, and Economic education, pupils will be studying a 'Changing Me' unit. Within this unit, we will be covering the following topics:

Year 1 & Year 2:

- Understanding the differences between male and female body parts.
- Using the correct vocabulary for these parts (e.g., penis, testicles, vulva, vagina, and anus).

Only Year 2:

- Learning about different types of touch (e.g., hugging, tickling).
- Recognising and expressing which types of touch they are both comfortable and uncomfortable with.

It is important that pupils access this learning before they reach puberty so that they are informed and equipped to deal with the changes they will face. If you have any questions or concerns about the subject matter, please feel free to contact your child's class teacher.

Best regards,

Key Stage 1 team