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Dear Parents and Carers,

At Birklands Primary School, we follow the Kapow scheme of work for our PSHE and RSE education.

This term, we will be focusing on safety and the changing body. Included in this topic, we will be learning about the following:

- **Appropriate contact: My private parts:** To begin to understand the concept of privacy and the correct vocabulary for body parts. To understand safe and unsafe touches.

We will be using NSPCC Pantosaurus video and NSPCC PANTS to support the children with this new learning. All objectives taught are taught at an age-appropriate level.

We just wanted to make you aware of the upcoming content in case your child asks any questions about this at home.

Thank you,

KS1 Team

