



EDUCATING • EXPLORING • EXCELLING

# **Birklands Primary School London**

**Thursday 19th June - Friday 20th June 2025**



Fully established,

Providing school travel for over **35** years

Fully accredited with all trade body licenses

Staff have around **400** years of combined  
School travel experience.

The **ONLY** school tour operator with a Government  
Standard Excellence Award and proud winner of Best  
School Tour Operator for 4 years running.



# Itinerary

## Thursday 19 June 2025

07.00	Meet at school, luggage to be loaded onto the coach
	The coach will be at your disposal throughout the trip and will transport you to all of the visits and meals listed in the itinerary
07.30	Depart school, proceed to London
11.30	Approximate arrival into London
AM/PM	Free time
15.00	Thames River Cruise – Tower Bridge to Westminster
17.00	Confirmed evening meal at <b>Pizza Express Victoria</b> . Address: 85 Victoria St, Westminster,
19.00	Arrive at the Apollo Victoria Theatre, 17 Wilton Road, Victoria, London, SW1V 1LG for the evening performance of <b>Wicked</b> .
19.30	Wicked show commences
22.20	<b>Show ends, re-join coach and proceed to your hotel – Premier Inn London Enfield</b>
23.30	Approximate arrival at Premier Inn Enfield and check in for 1 nights Bed and breakfast board accommodation.

# Itinerary

## Friday 20 June 2025

AM	Breakfast at the hotel. Collect packed lunches. Depart the hotel and proceed to London
	Packed lunches will be delivered to the hotel this morning and will be supplied by <b>The London Lunch Box</b> Company.
09.00	Check out of hotel and load luggage on to coach
09.15	Join coach and proceed to London
11.00	Confirmed visit to the <b>Science Museum</b>
14.00	Confirmed visit to the <b>Natural History Museum</b>
16.00	Rejoin coach for return journey to school
20.00	Approximate arrival at school



# Thames River Cruise

This cruise along the Thames is a great way to see some of the major sites of the city. We will cruise from Tower Bridge to Westminster, taking in the sites of Big Ben, Somerset House, London Eye, Oxo Tower, The Tate Modern, St Paul's Cathedral, London Bridge, Tower Bridge and the Tower.

This 40-minute cruise packs in many of London's major sites.



# Evening Meal Day : Pizza Express Victoria



## MAINS

Lasagna Classica  
Grand Chicken Caesar  
Classic Pizza – choose from  
American  
American Hot  
Margherita - v  
Vegan Giardiniera – v and ve

## DESSERTS

Chocolate Fudge Cake –  
OR choose 2 scoops of:-  
(v and gf)  
Vanilla Gelato  
Salted Caramel Gelato  
Stracciatella Gelato  
(v and gf and ve)  
Lime and Basil Sorbet  
Raspberry Sorbet

*Water included*



# Apollo Victoria Theatre

## WEST END PERFORMANCE - WICKED



You may wish to pack your child a snack for the interval.

# Accommodation: Premier Inn London Enfield

- ▶ Twin or triple ensuite rooms.
- ▶ Towels provided.
- ▶ Breakfast included.





## UNLIMITED COOKED

This includes unlimited cooked and continental breakfast and unlimited drinks

**Eggs - Scrambled** (280kcal), **Fried** (108kcal),  
**Poached** (79kcal) **or Boiled** (82kcal) **v**

**Hash Browns** **ve** (100kcal per hash brown)

**Back Bacon** (49kcal per rasher)

**THIS™ Isn't Bacon** **ve** (38kcal per rasher)

**Premium Sausages** (122kcal per sausage)

**GARDEN GOURMET® Sensational™ Vegan Sausage** **ve**  
(70kcal per sausage)

**Baked Beans** **ve** (74kcal per spoon)

**Black Pudding** (122kcal per slice)

**Halved Grilled Tomato** **ve** (28kcal per half tomato)

**Mushrooms** **ve** (53kcal per spoon)

## UNLIMITED CONTINENTAL

This includes unlimited continental breakfast and unlimited drinks

### BAKERY

**Croissant** **v** (203kcal)

**Pain au Chocolat** **v** (184kcal)

**Blueberry Muffin** **v** (210kcal per muffin)

**Pancake** **v** (96kcal)

**Sourdough Crumpet** **ve** (88kcal)

### SLICED BREAD

**White Bread** **ve** (90kcal per slice)

**Malted Brown Bread** **ve** (91kcal per slice)

**Gluten Free Bread** **v** (84kcal per slice)

### FRUITS

**Bananas** **ve**

**Clementines** **v**

**Apples** **ve**

**Fruit Berry Mix** **ve**

**Fresh Fruit Salad** **ve**

### YOGHURTS AND CEREALS

**Porridge** **v**

With cow's milk (337kcal)

With soya drink (324kcal)

**Granola** (188kcal per 45g)

**Muesli Fruit** **ve** (166kcal per pack)

**Special K** **v** (113kcal per 30g)

**Coco Pops** **v** (115kcal per 30g)

**Cornflakes** **v** (116kcal per 30g)

**Weetabix** **ve** (136kcal per 2 biscuits)

**Rice Krispies** **v** (117kcal per 30g)

**A selection of yoghurts** **v** (see packaging for calories)

### PRESERVE, SPREADS AND JAMS

**Assorted Jams** **ve** (34kcal)

**Peanut Butter** **ve** (98kcal)

**Honey** **v** (65kcal)

**Orange Marmalade** **ve** (33kcal)

**Hazelnut Spread** **v** (83kcal)

**Maple Syrup** **ve** (63kcal)

**Marmite** **ve** (21kcal)

**Sunflower Spread** **ve** (43kcal)

# Lunch Day 2:

## London Lunch Box

- Ham and salad
- Ham and cheese
- Chicken mayo
- Tuna mayo
- Chicken, bacon mayo
- Ploughman (V)
- Cheese and salad (V)

Falafel Wrap (Vegan) or Vegan Cheese and Salad

- ▶ Selection of sandwiches on brown and white bread.
  - ▶ Piece of fruit.
  - ▶ Sweet snack.
  - ▶ Juice or water.
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- ▶ Feel free to pack some additional snacks for your child for day 2.

# Science Museum

The Science Museum is the most visited science and technology museum in Europe. There are over 15,000 objects on display, including world-famous objects such as the Apollo 10 command capsule and Stephenson's Rocket.

The large range of interactive galleries brings to life some of the very first scientific principles and contemporary science debates.





# Natural History Museum

Hundreds of exciting, interactive exhibits including the ultimate dinosaur exhibition, a human biology section or visit 'Investigate' - an exciting hands-on science centre perfect for engaging students.



# Other Points

- Pupils will need a packed lunch on day 1. This will need to be packed in a rucksack/carry-on bag with their water bottles/drinks. They may wish to bring a book or something to keep them occupied on the coach (no electronics).
- Any medication, including travel sickness medication, must be in the original packaging and labelled with your child's name. This must be given to an adult on the morning of departure.
- We will be stopping en route for a comfort break.
- Pupils will need to be dressed appropriately for the entirety of day 1. Layers are recommended. This will need to be adjusted according to the weather forecast.
- Pupils' luggage should be packed in a small wheelie case or bag. This needs to be labelled.
- Pupils may wish to bring a teddy or similar.

# Other Points

- Towels are provided by the hotel.
- Please could we request that no aerosols are packed.
- Pupils will be able to take their own camera to capture their memories.
- Mobile phones will not be permitted.
- We will send you regular text updates, including our ETA on the return journey.
- Pupils may take snacks for the duration of the visit.
- Pupils may take spending money (no more than £10). There is also the option to take a cash card if they have one (GoHenry or similar).