

29<sup>th</sup> April 2020

Dear Parents/Carers

I hope you are all managing to stay safe, taking care of each other and remaining positive.

You might have heard that we have made a little video for you all. We hope you enjoyed watching it. I know we enjoyed making it.

<https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fyoutu.be%2FSw0itEmZhmk&data=02%7C01%7CCeSmith%40birklandsschool.co.uk%7Ccefdcbac735f491aac2008d7ec22b5e0%7Cf4ebe22eb55344f388563e0d84908eb8%7C0%7C0%7C637237506155580778&sdata=VcflP%2BeBQemi5ceDLoyxBAZEPIKd6o5BX4MeYs%2Bdyfc%3D&reserved=0>

I wonder what we will do next!

### **#Thankourchildren**

A big thank you to the families that nominated their child/ren for the #thankourchildren Certificate of Achievement from the Lord-Lieutenant of Nottingham, police and Fire service.

A little reminder that it would be wonderful if all of our children received this certificate. So please keep emailing us to tell us why your child should receive one. For example not only are they doing what has been asked of them during this lockdown but are showing great resilience and determination with it too- still adhering to our mantra 'Work hard. Be Kind.'

I promise to get one out to them as quickly as possible.

### **Home Learning**

I thought I would share a message that some of you may have seen on various social media platforms:

Dear parents

Don't stress about schoolwork. In September, or when schools open again I will get your children back on track. I am a teacher and that's my superpower. What I can't fix is social-emotional trauma that prevents the brain from learning. So right now, I just need you to share your calm, share your strength and share your laughter with your children. No children are ahead. No children are behind. Your children are exactly where they need to be- safe at home.

With love

All teachers on planet Earth.

To me this reiterates our message to you;

Please do not get stressed over the home learning. I know some of you are juggling working from home, home-learning more than one child. Whatever learning (of any form) you do is appreciated and will help keep the children focused.

We will of course continue to put daily work on class pages via our school website and send out paper-packs to those that have requested

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### **Keeping in Touch**

While school continues to remain closed for educational purposes we will maintain contact with you through phone calls. So please do not be alarmed when a member of staff gives you a call. This is a great opportunity for the children to have a catch-up with their class teacher, as we are missing the children as much as they are missing us.

Please remember we are here to support you in whatever way we can, so please do not hesitate to get in touch with us.

### **Opening for Key Worker**

Birklands continues to provide provision for our keyworkers. Provision is available between 8.15am and 3.45pm, each working day.

Please remember this provision is for the children of those workers classed as essential, who have no other childcare, other than a relative who is over 70 or is categorised as vulnerable. Current guidelines state that children should remain at home where possible.

All children will also need to bring a drink, snack and a packed lunch with them, as there are no catering staff on-site.

### **Well-being**

Staying positive, calm and relaxed through this situation is important.

What is also important is not letting children over-hear adult based conversations about the current health situation, as this can cause them further anxiety.

The link below is to a pdf version of a book about COVID-19. It is illustrated by Alex Scheffler (The Gruffalo) and helps children to understand what is happening at the moment and why. Please share this with your child/ren.

[file:///S:/Birklands/COVID%2019/Coronavirus\\_ABookForChildren.pdf](file:///S:/Birklands/COVID%2019/Coronavirus_ABookForChildren.pdf)

**Mrs Hughes' well-being tip:** Do some baking. I love it!

Apparently, she finds this very relaxing.

If you do have a go at this please send us some photos of your yummy creations.

I am going to follow Mrs Hughes' tip and attempt to do some scones. I will let you know how they turn out.

Remember following current guidelines, will mean this health crisis will be over sooner rather than later and we can return back to school and some form of normal life.

Stay safe and positive.



Mrs C. Smith (Head of School)