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1st April 2025

Dear Parents and Carers,

At Birklands Primary School, we follow the Kapow scheme of work for our PSHE and RSE education. This term, our lessons have been focusing on safety and the changing body. Over the next week, we will be learning about the following:

- **Appropriate contact: My private parts:** To begin to understand the concept of privacy and the correct vocabulary for body parts.
- **Appropriate contact: My private parts are private:** To understand safe and unsafe touches.

We will be using NSPCC Pantosaurus video and NSPCC PANTS to support the children with this new learning.

All objectives taught are taught at an age-appropriate level. We just wanted to make you aware of the upcoming content in case your child asked any questions on this at home.

Thank you,

Mrs Henderson

