

## **Steps to follow if your child displays coronavirus symptoms:**

Dear parent/carers

As we are getting further into the 'cold season' I thought it would be helpful for you to have clarity on: cold v's covid symptoms and what you should do if your child is displaying possible symptoms of coronavirus and we contact you.

### **Cold (not coronavirus)**

Sore Throat

Blocked Nose

Runny Nose

Headache

Children can still come to school

### **Possible Coronavirus**

New continuous cough (This means coughing a lot for more than an hour, or 4 or more coughing fits in 24 hours- do be mindful of asthmatics)

Fever / High Temperature (38°C or higher)

Loss or change in their sense of smell or taste

### **Step 1 GO HOME IMMEDIATELY**

We have identified that your child has possible COVID-19 symptoms. They must be collected from school and taken home as soon as possible.

### **Step 2 SEEK ADVICE**

Call 111 upon returning home for advice. Request a COVID-19 test for your child online, or by calling 119. Ask the testing service about obtaining tests for other members of your household, if anyone else has symptoms.

DO NOT go to your GP, pharmacy, hospital or other healthcare provider. If there are issues with accessing testing, please discuss this with the school.

### **Step 3 ISOLATE**

Isolate for 10 days after symptoms appear, longer if fever continues (until at least 48 hours after your temperature returns to normal). Other people in the household should isolate for 14 days.

### **Step 4 GET YOUR CHILD TESTED**

Testing is carried out at local test sites, or you can request a home test kit if you cannot get to a testing site. You will need to book a visit to a testing site or request a home testing kit via the government website: [www.gov.uk/get-coronavirus-test](https://www.gov.uk/get-coronavirus-test)

### **Step 5 RECEIVE TEST RESULTS**

You should receive results within 72 hours. If the test is negative for COVID-19, your child and household can stop isolating, if no-one else has developed symptoms.

You must contact the school immediately to inform us of the test results and we will discuss the next steps with you.

### **Step 6 IF YOUR CHILD TESTS POSITIVE FOR COVID-19**

If your child tests positive for COVID-19, please contact school as soon as possible. Contact tracers will call you. They will ask who you have had contact with recently, and they in turn will be contacted and informed on isolation regulations that will apply.

In order to protect our community we ask that you follow all of the steps highlighted above. Please note if you contact school to say your child is absent due to displaying coronavirus symptoms they will not be allowed back into school until either a negative test result is obtained or they have completed 10 days self-isolation.

To ensure all children do not miss out on further learning opportunities work packs will be sent home when a child is self-isolating.



Mrs Smith  
Head of School