



'Understanding Your Child'



10 Week Course for Parents

Our next course starts on
Wednesday 22nd January 2025
9.30 – 11.30am

January 22, 29, February 5, 12, 26
March 5, 12, 19, 26, April 2

**Abbey Gates Primary School, Vernon Crescent,
Ravenshead, Nottinghamshire, NG15 9BN**

The Solihull Approach has a focus on supporting the relationship between parent and child, considering behaviour management within this context. The course aims to help parents feel able to understand their child and make sense of behaviour as communication.

For bookings, contact: Rachel.Lane@churchvale.notts.sch.uk

What to expect:

- ✓ A warm welcome from Family Support Worker, Rachel Lane
 - ✓ Refreshments provided each week
 - ✓ Connect with other parents on the course
- ✓ A compassionate approach to challenges within family life
 - ✓ Time out to reflect and refocus your parenting
- ✓ Positive changes to your understanding of your child
 - ✓ A midweek wellbeing boost!