Nottinghamshire County Council

School Menu

Spring - Summer 2018

BIRKLANDS PRIMARY SCHOOL

FOOD FOR LIFE SERVED HERE Soil Association

Week 1

Week commencing
26 Feb, 19 March, 23 April, 14 May, 11 June, 2 July, 23 July

By Day

	First Course		Second Course	
Monday	Sunshine pizza with roast new potatoes Milk Gluten		Honey cake & custard Milk Egg Gluten	
Tuesday	Hot dog in a roll with jacket wedges Soya Milk Egg Gluten		Chocolate & orange cookie & milkshake Gluten, Milk	
Wednesday	Chicken & coconut curry with wholegrain rice Mustard Milk Sulphur Dioxide		Butterscotch tart Milk Gluten	
Thursday	Roast pork, stuffing, gravy, roast potatoes & mashed potatoes Gluten		Raspberry swirl sponge & custard Gluten Egg Milk	
Friday	MSC fish goujons & jacket wedges Fish Gluten		Fruit flapjack Gluten	

Served Daily

Fruit yoghurt Milk (when a pudding is being served) **Best of both bread** Gluten and Soya
Seasonal vegetables available daily **Coleslaw** Egg when served

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Week 2

Week commencing
5 March, 26 March, 30 April,
21 May, 18 June, 9 July

By Day

	First Course		Second Course	
Monday	Vegetarian sausage roll & gravy, jacket wedges Celery Milk Gluten		Eton Mess with strawberries Egg, Milk	
Tuesday	Nottinghamshire sausage in onion gravy, mashed potatoes & Yorkshire pudding Gluten, Gluten Egg Milk		Spiced carrot cake & custard Milk Egg Gluten Sulphur Dioxide	
Wednesday	Spaghetti Bolognese Gluten Egg Fish		Cornflake tart & custard Milk Gluten Sulphur Dioxide	
Thursday	Roast turkey, stuffing & gravy, roast potatoes & mashed or new potatoes Gluten		Raspberry ripple ice cream roll Soya Milk Egg Gluten	
Friday	MSC fish portion, oven chips Fish Gluten		Honey & oatmeal cookie & milkshake Gluten, Milk	

Served Daily

Fruit yoghurt Milk (when a pudding is being served) **Best of both bread** Gluten and Soya
Seasonal vegetables available daily **Coleslaw** Egg when served

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Week 3

Week commencing
12 March, 16 April, 7 May, 4 June, 25 June, 16 July

By Day

	First Course	Second Course
Monday	Quorn dippers & jacket wedges Milk Egg Gluten	Cheese crackers & apple wedge Gluten Milk
Tuesday	Pasta Bolognese & garlic slice Gluten Fish Milk Egg, Gluten milk	Butterscotch mousse & shortbread finger Gluten Milk
Wednesday	Mediterranean chicken pasta & garlic slice Milk Egg Gluten, Milk Gluten	Bakewell tart & custard Milk Egg Sulphur Dioxide
Thursday	Roast gammon & Yorkshire pudding, roast potatoes & mashed or new potatoes Gluten Egg Milk	Strawberry cupcake Milk Egg Gluten
Friday	MSC fish nuggets & Noisette potatoes Fish Gluten, Milk	Magic chocolate pudding & chocolate sauce Milk Egg Gluten
Served Daily	**Fruit yoghurt** Milk (when a pudding is being served) **Best of both bread** Gluten and Soya **Seasonal vegetables** available daily **Coleslaw** Egg when served	

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