

Autumn / Winter 2022 / 23
 5/9, 26/9, 17/10, 7/11,
 28/11, 19/12, 9/1, 30/1

What's On The Menu?

MONDAY
 Authentic
 Italian

TUESDAY
 Family
 Faves

WEDNESDAY
 Baking
 British

THURSDAY
 Food
 Festival

FRIDAY
 Fun
 Day



Beef Bolognese
 With Wholegrain
 Penne Pasta
 & Green Salad

Sausage & Mash
 Carrots & Gravy

**Roast Chicken Sage &
 Onion Stuffing**
 Crispy Roasties &
 Fresh Veggies &
 Gravy

**Mild Chilli Beef & Cheese
 Homemade Nachos**
 Oven Baked Potato
 Wedges & Sweetcorn

**Golden Fish
 Fingers (MSC)**
 Choose Pollock,
 Chips & Baked Beans



Veggie Bolognese
 With Wholegrain Penne
 Pasta &
 Green Salad

Veggie Sausage & Mash
 Carrots & Gravy

**Quorn Roast, Sage &
 Onion Stuffing**
 Crispy Roasties &
 Fresh Veggies &
 Gravy

**Cheese & Veggie
 Homemade Nachos**
 Oven Baked Potato
 Wedges & Sweetcorn

**Crispy Bean &
 Vegetable Fingers**
 Chips



Hot Tomato Pasta
 with or without Grated Cheese on top



Crispy Skin Jacket Potatoes
 Choice of Tasty Toppings

Pick & Mix Packed Lunch
 Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit



**Crispy Chocolate Cornflake
 Cake**

Chocolate Pudding

Oat Cookie

Vanilla Sponge Finger

**Chewy
 Flapjack**

**FOOD
 FESTIVAL**
 By Aspens

**Week
 One**

Autumn / Winter 2022 / 23
 12/9, 3/10, 24/10, 14/11,
 5/12, 26/12, 16/1, 6/2

What's On The Menu?

MONDAY
 Authentic Italian

TUESDAY
 Family Faves

WEDNESDAY
 Backing British

THURSDAY
 Food Festival

FRIDAY
 Fun Day



Meat Free Monday!

Choose either our tasty Margherita Pizza or our Veggie Supreme

Served with Pasta Salad & Mixed Crudites

Classic Beef Burger

in a Bun with Oven Baked Wedges & Garden Peas

Super Veggie Burger

in a Bun with Oven Baked Wedges & Garden Peas

Roasted Gammon Joint

Crispy Roasties, Fresh Veggies & Gravy

Quorn Roast

Crispy Roasties & Fresh Veggies & Gravy

Chicken Tikka Masala

Wholegrain Rice, Turmeric Carrots & Peas

Creamy Vegetable Korma

With Wholegrain Rice, Turmeric Carrots & Peas

Golden Fish Fingers (MSC)

Choose Pollock, Chips & Baked Beans

Crispy Bean & Vegetable Fingers

Chips

Hot Tomato Pasta
 with or without Grated Cheese on top

Crispy Skin Jacket Potatoes

Choice of Tasty Toppings

Pick & Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit

Jelly & Fruit Slices

Marble Sponge Cake

Strawberry Mousse

Brownie

Crunchy Vanilla Cookie

FOOD FESTIVAL
 By Aspens

Week Two

Autumn / Winter 2022 / 23
29/08, 19/9, 10/10, 31/10,
21/11, 12/12, 2/1, 23/1, 13/2

What's On The Menu?

MONDAY
Authentic
Italian

TUESDAY
Family
Faves

WEDNESDAY
Backing
British

THURSDAY
Food
Festival

FRIDAY
Fun
Day



Cheese & Tomato Pizza Melt Baguette with Wholegrain Pasta & Sweetcorn Salad	Toad in the Hole with Creamy Mash, Green Beans & Gravy	Roast Chicken & Sage & Onion Stuffing with Crispy Roasties & Fresh Veggies & Gravy	Homemade Chicken Nuggets with Oven Baked Wedges & Broccoli	Golden Fish Fingers (MSC) Pollock, Chips & Baked Beans
Tomato & Mozzarella Pasta Traybake with Wholegrain Pasta & Sweetcorn Salad	Quorn Toad in the Hole with Creamy Mash, Green Beans & Gravy	Quorn Roast with Crispy Roasties, Fresh Veggies & Gravy	Crunchy Topped Macaroni Cheese with Oven Baked Wedges & Broccoli	Baked Beans & Vegetable Fingers Chips
Hot Tomato Pasta with or without Grated Cheese on top				
Crispy Skin Jacket Potatoes Choice of Tasty Toppings				
Pick & Mix Packed Lunch Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit				
Cookie	Chocolate Oat Cake	Jelly & Fruit	Vanilla Sprinkle Sponge	Shortbread